

## **Marriage Counseling/Pre-marital Counseling**

### **1. Introduction**

Review marriage counseling process and goals for a, “Godly Marriage.”

Collect personal information on each person

Homework: read Genesis 2&3 and describe the significance of Adam and Eve being naked.

### **2. Opinion Instrument**

Complete opinion instrument (100 question multiple choice answers)

Review Genesis 2&3 and the significance of Adam and Eve being naked.

### **3. Review of answers**

Communication answers

Outward Processing and Inward processing of problems

Men are from Mars, Women are from Venus

Rules for disagreement exercise

Finance answers

Be on the same page

Emotions Answers

What makes me feel loved exercise

Emotions don't go away

Communicate your pet peeves and the things that bother you

Review Ecclesiastes 4:9-12

### **4. Review of answers**

Continue review of topics

#1 sermon for men (What's Wrong With My Woman)

Review Ephesians 5:21-33

### **5. Wedding ceremony planning**

Review vows and what they mean

Review ceremony and desires of the Bride and Groom

Review the stress that accompanies the wedding (family/friends suggestions)